

Seniors move and shake in style



By our community reporter

Melbourne: It was weekend and the seniors were at their best. Shaking legs and hands in a style, you see in Mumbai movies. One wondered if only a Bollywood producer could come and have a look at the enthusiasm of our seniors. The interesting workshop with so many seniors participating would shame any youngster. Two girls from Shiamak explained the steps with sizzling Bollywood music and the seniors responded with near perfect actions. It was lot of exiting exercise and fun. The workshop was the idea of the Senior Citizens Association. The moving and shaking was followed by a tasty Indian lunch. It was nothing but incredible.



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